

**PATIENT INFORMATION LEAFLET:**

**CARYL ORAL EXPECTORANT:**

*Read this leaflet carefully before you start taking this medicine.*

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- Do not pass this medicine on to others. It may harm them, even if their symptoms are the same as yours.
- In order that this medicine works, it must be taken exactly as directed.
- Keep all medicines out of reach of children.
- If you want more information about this medicine ask your doctor or pharmacist.

**In this leaflet:**

1. What Caryl is and what it is used for
2. Before you use Caryl.
3. How to use Caryl.
4. Possible side effects
5. How to store Caryl.
6. Further information
7. Presentation

**1. WHAT IS CARYL AND WHAT IS IT USED FOR?**

The name of the medicine is Caryl. The active ingredients is Salbutamol (as sulphate), Guaiphenesin and Bromhexine HCl. Caryl is indicated for relief of cough associated with chronic bronchitis, bronchial asthma, emphysema and other bronchopulmonary disorder.

*Each 5mls contain*

Salbutamol sulphate equivalent to salbutamol  
Equivalent to -----1.0mg  
Guaiphenesin B.P ----- 50.0mg  
Bromhexine HCl -----4mg

**2. BEFORE YOU USE:**

*Do not use Caryl without medical advice:*

- If you have had an allergy to any of the ingredients in the past.
- If you are on any other drugs.

**3. HOW TO USE CARYL:**

**Adults and children's over 12 years:** 10mls - 20mls 3 times daily

**Children's 6 – 12 years (1-2)** 10mls 3 times daily

**Below 6 years.** As directed by physicians

**4. POSSIBLE SIDE EFFECTS:**

*Like all medicines, Caryl can have side effects though not everyone gets them.*

-Drowsiness, Dizziness, headaches, gastrointestinal discomfort, increased heart rate.

*Report this or any other side effects to your doctor or pharmacist.*

**5. HOW TO STORE CARYL EXPECTORANT:**

*Do not use Caryl after the expiry date stamped on the pack. The expiry date refers to the last day of the month.*

Caryl should be stored in a cool place below 30°C, protected from direct sunlight and kept out of the sight and reach of children

Medicines should not be disposed off via wastewater or household waste. Ask your pharmacist how to dispose off medicines no longer required. These measures will help protect the environment.

**6. FURTHER INFORMATION:**

What Caryl contains

The active substances in Caryl is Bromhexine HCl, Guaiphenesin and salbutamol (as sulphate).

It is a registered trademark of Biodeal Laboratories Ltd.

Further information on summary of product characteristics can be obtained from the regulatory department of Biodeal Laboratories Ltd.

[regulatoryaffairs@biodealkenya.com](mailto:regulatoryaffairs@biodealkenya.com).

*This product should be used on the advice of a doctor or pharmacist.*

**7. PRESENTATION:**

*Caryl is available as follows:*

100mls in amber coloured bottles.



Manufactured by:  
Biodeal Laboratories Ltd,  
123, Lunga Lunga Road,  
P.O. Box 32040-00600, Nairobi Kenya.

**Prepared by:**Regulatoryaffairs@biodealkenya.com  
**Date prepared:** May 2020